

**Physical Education (K-12)
Methodist University**

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title When multiple courses are listed for one competency, only one course is required to satisfy the competency, unless otherwise noted.	Course Offerings
A	Foundations, Principals, & Practices of Physical Education	PXS 2050	Introduction to Physical Education and Health Education	S
B	Kinesiology, Fundamental Motor Skills & Movement Forms	PXS 2600	Motor Learning	S
		PXS 3200	Motor Development	F
C	Anatomy or Physiology	PXS 2850	Kinetic Human Anatomy	
D	Fitness, Nutrition, & Obesity Prevention	PXS 2400	Human Nutrition	F, S
		WEL 2180	Concepts of Fitness and Nutrition	F, S
E	Sports, Physical & Leisure Activities	WEL 2010	Physical Activities (1 SE each)	

Posted: 4/22/2016
Revised: Spring 2016

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.methodist.edu